



GREENWICH POINT DERMATOLOGY

WART TREATMENT INSTRUCTIONS

AT-HOME WART TREATMENT

- Our specifically formulated V-Cream is designed to further enhance our in-office wart treatments between appointments.
- Soak the warts in warm water for 5 minutes every night. Apply the wart medicine directly to the warts, avoiding the normal skin (applying Vaseline to surrounding skin can help protect it).
- Cover the treated wart with a band-aid. Leave the band-aid in place at least overnight or, if possible, for 24 hours. Repeat these steps nightly until the wart is gone.
- Expect the skin of the treated wart to appear moist, white and even irritated during treatment.
- Do not use this medicine on the face or groin area.

"IN-OFFICE" WART TREATMENTS

- **CRYOTHERAPY** is liquid nitrogen treatment used to freeze warts in the office.
 - After cryotherapy, the treatment area will often blister and become red and swollen, or even blood-filled.
 - It is best to leave the blister alone, applying Vaseline or Aquaphor and covering with a band-aid.
 - 2-3 days post-treatment, the area will become moist. You can safely wash the area with water and a mild soap. If the weeping is excessive, try to cover the area with Vaseline or our Heal Ointment and a band aid.
 - 3-4 days post-treatment, a scab may start to form. The scab will remain in place for up to 2 weeks and then the area should heal. Do not pick or remove the scab!
 - Return to the office for reevaluation and further treatment if necessary in 2-3 weeks.
 - Many warts require multiple cryotherapy treatments.
 - Cryotherapy may result in the treated area becoming darker or lighter than it was before, and the color change can take months to resolve.
- **CANDIDA ANTIGEN INJECTIONS** is a medication that is injected into/under the wart in the office.
 - After a candida antigen injection, the treatment area may be itchy/red, and sometimes mild blistering and swelling may occur. The wart may turn black, crust, and fall off.
 - If you notice a rash develop post-treatment, please call our office.
 - One-month post-treatment a follow-up visit is usually required to see if additional treatments are required.
- **CANTHARIDIN** or **TRICHLOROACETIC ACID (TCA)** are a topical medications applied to warts in the office.
 - After a cantharidin or TCA treatment, a blister may form on the treatment area, and it will become red and swollen.
 - Cantharidin must be washed off with soap and water 8-12 hours after application. It may cause a blister that is blood-filled.
 - It is best to leave the blister alone, applying Vaseline or Heal Ointment and covering with a band-aid.



GREENWICH POINT
DERMATOLOGY

- Many warts require multiple cantharidin or TCA treatments, spaced 2-3 weeks apart.
- Cantharidin or TCA treatment may result in the treated area becoming darker or lighter than it was before, and this may take months to resolve.

If you have any questions or concerns, please call our office at 203.764.2230.